A1 Cambridge English, First Certificate in English for Schools – Listening.

TEST 007.

I'm going to give you the instructions for this test.

I'll introduce each part of the test and give you time to look at the questions.

At the start of each piece you will hear this sound:

FX ***

A2 You'll hear each piece twice.

Remember, while you're listening, write your answers on the question paper. You'll have five minutes at the end of the test to copy your answers onto the separate answer sheet.

There will now be a pause. Please ask any questions now, because you must not speak during the test.

PAUSE 5"

A3 Now open your question paper and look at Part One.

PAUSE 5"

- A4 You'll hear people talking in eight different situations. For questions 1 8, choose the best answer (A, B or C).
- A5 1 You hear a boy talking about a visit to a science museum.

PAUSE 2"

FΧ

The museum of science and technology is an 18th century building, or so my dad told me, but inside it didn't seem that impressive, though it's so big you actually need more than a day to get round it. There are some interactive exhibits – you know, things you can touch and operate yourself that would have been great but quite a few were out of action, which was a pity. I didn't have a guide or anything, but there were plenty of enthusiastic people in every room of the museum who were employed to explain things and answer any questions you had. You should give it a try.

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

A6 2 You hear part of an interview with a teenager who is a speed texting champion.

PAUSE 2"

FX Adult woman, Jeff (16 yr-old boy)

F: You write 500 text messages a day, don't you? That must affect your life somehow. How do your family feel about it?

M: Well, there's a no-texting rule at mealtimes, which is when we're all together and get to talk, but my mum actually helps me – she gives me random phrases to text with my eyes closed. And my sisters send loads of texts too. I do get distracted when I'm doing things like writing essays, though.

F: Do you use abbreviations and funny spellings and text language like that?

M: Yeah I often do, but in texting competitions we have to use complete words and proper punctuation and capitalisation – they're very strict about that.

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

A7 3 You hear a news item about a photograph taken by a teenager.

PAUSE 2"

FX ***

A 15-year-old boy from India has taken a photograph which has been praised by astronomers worldwide. It shows a lunar eclipse, the shadow of the earth visible on the moon. The boy said he'd seen a number of lunar eclipses and was fascinated by the way the coppery red colour, typical of the moon during an eclipse, varies. It can go from light red to dark red depending on the position of the moon and the amount of pollution in the atmosphere at the time. Astronomers say they were particularly struck by the unusual sharpness of his image despite his use of relatively inexpensive equipment.

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

A8 4 You hear a student talking about his guitar lessons.

PAUSE 2"

FX

I've found a good guitar teacher and he's really pushing me. He never makes things too difficult, but he knows that I need to be stretched, so I appreciate that he doesn't just let me sit back and relax. I used to have another one who was very nice, but we used to waste time just chatting, and we didn't make much progress. Now I'm doing better and have more confidence. He's introduced me to some music I had never considered listening to before. He says he wants to widen my musical horizons, but I'm not sure I could get into the music he seems to like!

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

A9 5 You hear part of a book review.

PAUSE 2"

FX ***

The book I've chosen to talk to you about this week is a good one to dip into rather than read through from cover to cover. It's a new edition of the Top Ten annual which now has more than 700 updated lists and brand-new feature spreads revealing exactly who or what is the best, worst, richest, deadliest or simply biggest of almost everything in more detail than ever before. It contains more than 7,000 intriguing facts about history, science, sports, music, movies, nature, people and places. There's something in there for everyone, whatever their interests. Let me give you some examples of the sorts of things it contains.

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

A10 6 You hear a biology teacher talking to his students.

PAUSE 2"

FX ***

We've been talking about keeping healthy this term and we've now had some results from the survey we took part in a while back. Do you remember? Scientists from an International Nutrition Foundation visited the school a while ago to find out how much you all know about nutrition. You answered a questionnaire and spoke to them too. They were actually pleasantly surprised by how much you all knew about the importance of eating a healthy diet and taking plenty of exercise. The one area where they found confusion was over what exactly we mean by energy where food's concerned and so that's what we're going to talk about now.

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

A11 7 You hear two friends talking about a new law.

PAUSE 2"

FX ***

F: What do you think of the new law they're talking about to ban shops from selling large bottles of fizzy drinks?

M Personally, I can't see the point.

:

F: It's to get people to cut down on them. They're full of sugar, and bad for you in large quantities.

- M Everyone knows that. But if people like fizzy drinks, it should be up to them whether
- : they have them. Also, if large bottles are banned, won't people just buy more smaller ones?
- **F:** I'm not sure just banning large bottles will make any difference that's a fair point.
- **M** I can see there being lots of protests.

:

F: There's more support for it than you might imagine, actually.

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

A12 8 You hear a review of a new website.

PAUSE 2"

FX ***

The next website I'm reviewing is called letsmakemusic.com. It's aimed at young people who are interested in composing music — any style from pop songs to sophisticated classical pieces. It's run by some quite well known composers and musicians who'll answer any questions you might have about music and also give feedback if you upload music you've created to the website. They clearly have more expertise in music than computing as it's hardly the most user-friendly site you'll ever come across, but once you've worked out how to find your way round it, I think you'll see it's a brilliant resource — I was puzzled why more people haven't signed up for it.

PAUSE 2"

FX ***

REPEAT

PAUSE 2"

That is the end of Part One.

A13 Now turn to Part Two.

PAUSE 5"

You'll hear a young man called Mike talking about his hobby of scuba diving. For questions 9 – 18, complete the sentences.

You now have forty-five seconds to look at Part Two.

PAUSE 45"

FX ***

My name's Mike and I'm going to talk about my experiences of scuba-diving. How did I get into it? Well, my brother did it, but that didn't have much influence on me. I'd often find a magazine on diving lying around the house. It's strange but I just wasn't at all curious about it. It was when I watched a documentary that I started to think: "Maybe I should give it a go."

I hadn't realised you had to do a long training course before you're allowed anywhere near the sea. I really didn't expect to be stuck in a classroom for so long, having to learn a load of technical stuff. Then, of course I had to train in a small pool, and it was quite a while before the instructors took us all out to sea. I gained my qualification and that's when the fun really began. We had to decide where to go for that first big diving experience. There are so many brilliant places to choose from. There were people advising me and my family to go to Indonesia, and then we'd change our mind because mum had read about how good it was in Egypt or in Mexico. We settled on Australia, though right up to the last minute Thailand was a possibility, because my father had been there and really loved it.

When we got there, the company that was organising our trip told us everything had to be just right, or dives would be cancelled. They said it didn't depend so much on the season or even the temperature but far more on the wind. This could cause problems at any time, so I kept my fingers crossed that my first dive wouldn't be affected.

Everyone knows that the coolest thing about diving is the incredibly colourful wildlife you see. I was really hoping I'd encounter sharks – the harmless ones of course – but was told that in the area where we were it wasn't very likely. And we wouldn't see any dolphins either, but there were supposed to be turtles around.

So the big day finally came. We went out in a boat one morning with a friendly captain. When we dived we had to be accompanied by a guide. It didn't matter if you were a first time diver like me or someone more experienced. A navigator who knew the area well made sure the boat followed the progress of the divers and was ready to pick us up.

The second dive was two days later. Some people on the trip wanted to explore a ship that had sunk in the area hundreds of years ago, but we weren't allowed anywhere near it. I wasn't bothered, because the highlight for me was going into a cave. It was quite spooky and the plants down there were really weird too.

On the last day we went to a different island where the variety of wildlife was awesome. We saw moon fish swimming in the shallow waters, which looked so strange because of their disc-shaped bodies. And then where were large numbers of graceful angel fish but the clownfish stood out for me. They seemed to be smiling.

The trip was a great experience. I was the youngest there and I guess I was a bit nervous because of all the regulations, but I soon got used to them. The equipment looks quite

complicated, but it was surprisingly easy to use and everything was checked all the time. Safety was the number one factor.

I'm very excited about going diving again next year. The good thing about it is that it's a family thing and there's so much for everyone to do. For example my sister's getting quite good at surfing – and there's fishing too of course if you're into that sort of thing. Diving has led to other things for me. I've taken up photography now. I think it's an obvious thing for a diver to do. There's so much to see underwater and I want to have a record of my trips.

PAUSE 10"

A14 Now you'll hear Part Two again.

FX ***

REPEAT

PAUSE 5"

That is the end of Part Two.

A15 Now turn to Part Three.

PAUSE 5"

You'll hear five teenagers talking about making a class magazine at school. For questions 19 - 23, choose from the list (A - H) what each speaker liked most about the activity. Use the letters only once. There are three extra letters which you do not need to use.

You now have thirty seconds to look at Part Three.

PAUSE 30"

FX ***

A16 Speaker 1

PAUSE 2"

My group decided to interview and write about people in the school for our magazine. I chose the school principal and asked him about what being in charge of a big school like ours involves. I also took some photos of him. My group were amazed by these and they got me to photograph the people they were interviewing too. I ended up spending hours and hours at home improving the images on my computer. It was great to get the chance to impress my friends and teachers with something they wouldn't see me doing otherwise. And my dad, who's a sports photographer himself, said he thought the portraits were very professional-looking.

PAUSE 3"

A17 Speaker 2

PAUSE 2"

My group's magazine focussed on environmental issues. We had several arguments about what to include, but finally, our editor, my friend Cassie, took charge and told me to write an article about solar power. We've actually studied it in our science classes, but I must admit I still wasn't sure how it really worked. Anyway, I did loads of research for the article, too much probably, and now I'm virtually an expert, which is brilliant. I also presented the main arguments for and against investing in solar technology. Several people in the school who I didn't really know came up to me and said they thought the article was really interesting.

PAUSE 3"

A18 Speaker 3

PAUSE 2"

My group made a games magazine – things like crosswords, puzzles and number games. Some of the group came up with brilliant ideas. It's not the kind of thing we do in class so I didn't realise they'd be that creative. They all asked me to be the editor – basically to organise everyone else. I wasn't keen at first because I thought it might be stressful, but I agreed eventually, and I'm glad I did, because I got a lot out of it. My role really was to tell the others how good they were, and make sure they met deadlines. And got quite good at it, I think.

PAUSE 3"

A19 Speaker 4

PAUSE 2"

My group's magazine focussed on various issues in the news at the moment. I decided to investigate a campaign against a proposed new runway for the city airport. The local newspaper has led the campaign and I wanted to find out why it was so against the runway. The newspaper editor agreed to let me interview her. I'm still not convinced by what she said, but she treated me very kindly, and even said that if I fancied going into journalism after I left school, then she'd be happy to give me advice. I'd never thought about it before, but the idea now seems guite appealing.

PAUSE 3"

A20 Speaker 5

PAUSE 2"

At first, I thought doing a magazine would be a waste of time, and there were problems in our group. Richard, our editor, was quite bossy – he obviously enjoyed telling people what to do – and he wrote a long article about music that no-one could follow at all. Fortunately, he agreed I should do the cover. It made sense because I'm good at drawing and painting, as everyone knows. My friend Shelley said I should come up with something really unusual for the cover, They left me to get on with it and I think I did rather well. Richard thought so too and we were better friends after that.

PAUSE 10"

A21 Now you'll hear Part Three again.

FX ***

REPEAT

PAUSE 5"

That's the end of Part Three.

A22 Now turn to Part Four.

PAUSE 5"

You'll hear an interview with a young woman called Julie Peterson, who is a junior 200-metre runner. For questions 24 – 30, choose the best answer (A, B or C).

You now have one minute to look at Part Four.

PAUSE 1'00"

FX ***

INT: My guest today is Julie Peterson, a talented young 200-metre runner. Thank you to everyone out there for texting us questions. Alex has sent in a text asking about how you did at running when you were at school.

JULIE: Well, running was just something I enjoyed at school, and so I didn't take the races on sports day very seriously, to be honest – I certainly didn't push myself as much as other kids did. A part of me felt like I didn't deserve to come first because of my attitude although other people always seemed to think I'd do well, but I just enjoyed the feeling of running.

INT: Rita has sent us a text to ask about your father's time as your coach.

JULIE: Well, when it became obvious that athletics was something I had a talent for, my father was keen to be involved. He took the trouble to study for a coaching certificate and he trained me for a while – having his support was great. Although he coped well with the demands made on him he realised in the end that he didn't have the experience that the top coaches had, so he just advised me occasionally, and we hired someone else to organise my training programme.

INT: We have a text here from George in London. He's read about some changes you've made recently that have made a big difference to your results.

JULIE: Most things haven't changed. I have to make sure I watch my diet which is largely meat, fish and vegetables and get enough sleep; I've always done that. On the day of a race I do warm-up exercises and find somewhere quiet to get myself in the right frame of mind as normal. But I tend to do things like lifting weights these days rather than just running. It's a struggle but it's effective.

INT: Next, Pablo wants to know how your friends have reacted to your success.

JULIE: Well, they understand that I can't live a completely normal life because of my training. It's frustrating when I can't go out to parties with them and they're a bit disappointed sometimes. But despite that, they're excited about what's happening and some even turn up at races to

cheer me on, which is always a nice surprise. They don't seem at all envious of my success.

INT: Jess would like to know how you felt when you met the Olympic champion.

JULIE: Everyone said I should get some useful tips, but that wasn't the way the conversation went. It was interesting to hear about her experiences as a young athlete – they weren't the same as mine but as she said everyone has to do things their way. I was a bit shy at first as I'd never been in that sort of situation before and didn't know quite what was expected of me. I felt embarrassed when I asked for her autograph, but she was really kind.

INT: Emily asks how you felt about not winning the junior championships last year.

JULIE: I went into them on a high. I hadn't lost for more than a year. The media were saying I couldn't be beaten, but that was honestly not how I was feeling. I was in good condition and ran well in the qualification races without tiring myself out. But I'd had a slight pain in my ankle the day before I was aware that if I landed on it awkwardly I could do some serious damage.

INT: And, finally Mauricio asks about how you see your career developing now.

JULIE: I'm in no hurry and I've deliberately not competed against older athletes yet. I'm not afraid of them, but I just want to take my time. The one thing I have to keep in mind is that I want to go to university so my running will have to fit around that, which could be tricky. A lot of girls my age quit the sport before they're twenty, and I don't want to be like them. I'm just going to keep working hard, on the track and with my studies!

PAUSE 10"

A23 Now you'll hear Part Four again.

FX ***

REPEAT

PAUSE 5"

That's the end of Part Four.

A24 There will now be a pause of five minutes for you to copy your answers onto the separate answer sheet. Be sure to follow the numbering of all the questions. I'll remind you when there's one minute left, so that you're sure to finish in time.

PAUSE 4' 00"

A25 You have one more minute left.

PAUSE 1' 00"

A26 That's the end of the test. Please stop now. Your supervisor will now collect all the question papers and answer sheets.